

T H E • P R O • B O N O COUNSELING PROJECT

Transition and Depression: Elderly and Underserved

Providing free mental health services to prevent suicide, abuse, neglect and financial exploitation...

CALL THE PRO BONO COUNSELING PROJECT

- WE WANT TO HELP -

(410) 825-1001

A Public Service Project of:
Maryland Chapter, NASW
Maryland Psychiatric Society
Maryland Psychological Association
Maryland Society for
Clinical Social Work, Inc.
Psychiatric Advanced Practice
Nurses of Maryland
Maryland Mental Health Counselors
Association
Maryland Association of
Marriage & Family Therapists
Greater Washington Society for Clinical
Social Work

Pro Bono Counseling Project
110 West Road, Suite 202
Towson, MD 21204
410-825-1001 (Baltimore area)
877-323-5800 (outside Baltimore)
www.probonocounseling.org

The Mission of the Pro Bono Counseling Project

is to assure that all Maryland residents requesting mental health care, regardless of income, are linked with volunteer licensed mental health professionals and other necessary supportive services.

This program focuses on women and men over age 65 to prevent suicide, victimization from abuse, neglect, financial exploitation or other violent crime.

This program links seniors and family members to a licensed mental health professional who will provide care at no cost. Those referred to us may or may not have Medicare, private insurance or Medical Assistance.

Clients

The Pro Bono Counseling Project serves a wide variety of client needs: family and couples issues, anxiety, problems with self-esteem and social interactions, eating disorders, adjustment to terminal illness, grief, separation and divorce, physical and sexual abuse and other forms of violence.

- An elderly person struggling with life transition issues, such as:
 - Loss of loved one/ spouse
 - Loss of independence
 - Adjustment to illness
 - Lack of family support
- An elderly victim of abuse, neglect or financial exploitation
- are under-insured
- have low to moderate incomes
- do not require the clinician to appear in court
- do not present a threat of violence to the therapist
- do not request care for chronic mental illness, alcohol or substance abuse
- have sufficient mental capacity to benefit from therapy

The Pro Bono Counseling Project provides neither a crisis/hotline service nor treatment for patients with chronic mental illness or disorders due to drug and/or alcohol abuse.

**-Please Call-
(410) 825 1001**

Funded by a Victims of Crime Grant from the Department of Human Resources and the Jacob & Hilda Blaustein Foundation.



Procedures

A licensed clinician screens prospective patients for motivation, financial eligibility and links their needs to the specialty of the clinician. Information and referral sources are provided when they better serve clients' needs.

Volunteer Commitment

A broad volunteer network of social workers, psychologists, professional counselors, marriage and family therapists, psychiatric advanced practice nurses and psychiatrists are available who serve low income families and individuals who have neither health insurance nor the means to pay for counseling.

Referrals come from:

- Adult Protective Services
- Victim/Witness Programs
- Attorney General's Office
- Senior Center / Senior housing personnel
- Police
- Emergency Rooms
- Hospital /Hospice/Home Health Agencies

Transition and Depression: Elderly and Underserved

Board of Directors

Directors represent Anne Arundel, Baltimore City and County, Frederick, Howard, Montgomery and Prince George's Counties

Helen S. Barnes, RN
Prince George's County
Department of Family Services

Mary Ann Berlin, JD
Private Practice

Barbara S. Bond
Office of the Attorney General

Kathy M. Britton-Bracey, JD, Litigator
Baltimore County Government

Wendy Browning, LCPC

Mary Burke, LCSW, BCD

Judy DeVito, Executive Officer
Maryland Psychological Association

David Edwin, PhD
Johns Hopkins Hospital, School of Medicine

Melinda Hiken, RN, MS, CS-P
St. Joseph Medical Center

Marvin Hoss, Ed.D, JD
Private Practice

John Kardys, LCSW-C

Patricia Lutz

LaFrance Muldrow, LCSW-C
Retired, Baltimore County DSS, MD-NASW

Brett Newberger, CPA
Principal, Glass Jacobson

Joseph Schwartz, MD,
Johns Hopkins Hospital,
Howard County General Hospital

Camille B. Wheeler, LCSW
University of Maryland, School of Social Work

Barbara K. Anderson
Executive Director